

# JOHN BRADSHAW HEALING THE SHAME THAT BINDS YOU%0A

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This #1 New York Times Best Selling Book, HEALING THE SHAME THAT BINDS YOU, was written years ago with millions of copies sold and is still selling more than 13,000 copies every year, has been completely updated and expanded by the author John Bradshaw.

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## **John Bradshaw Healing The Shame That Binds You**

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This lecture is based on John Bradshaw's book with the same title..but in this lecture he only covers the first part of the book (the problem)..the second part of the book deals with (the solution

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John Bradshaw is a counselor, speaker and one of the leading voices of the recovery movement, especially inner child and family issues. His classic books include Healing the Shame that Binds You (1.3 million copies sold), Bradshaw on: The Family (1.2 million copies sold) and Homecoming (3 million copies sold). Excerpt. Reprinted by permission. All rights reserved.

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